

14

CATEGORY

vocal

AGE

12+

NUMBER
OF PARTICIPANTS

6+

DURATION

approx. 20 min.

WORKING METHOD

- group work

MUSICAL ABILITIES
OF THE TRAINERS

1 2 3 4 5 6

EQUIPMENT
AND INSTRUMENTS

- music player / app to play the song

COMPETENCES

- cultural / intercultural sensitivity
- empathy
- attention
- creativity
- movement coordination
- cooperation
- concentration
- sense of rhythm

Be Zulu

Getting to know the music and dances of a distant culture.

AIM

Initiate movement improvisation through an easy-to-learn Zulu folk song based on the movements of the singers in the video.

DESCRIPTION

With the help of the facilitator or the videos, the participants learn the Zulu tune „Siyahamba“. (With the help of the recordings and sheet music, it can be learned in several parts, but it is also absolutely perfect in unison.)

They watch the videos again and observe the movements the Africans make while singing the song.

They try them out together or in smaller groups.

The participants create their own choreography from the movement elements they like best, which they perform while singing the song or playing the recording.

LYRICS

*Siyahamba, ekukanyen' kwenkos',
Siyahamba, ekukanyen' kwenkos',
Siyahamba, siyahamba, oh,
Siyahamba ekukanyen' kwenkos'.*

*We are marching in the light of God.
We are marching in the light of God.
We are marching, we are marching, ooh,
We are marching in the light of God.*

Si-ya - hamb - e ku-kha - nye-ni-kwen-khos, Si - ya - hamb-e ku-kha-nye - ni kwen-khos,

Si-ya kos Si-ya - hamb-e hamb-e, Si-ya - hamb-e u-u Si-ya -

hamb - e ku - kha - nye - ni kwen - khos, Si - ya kos

USEFUL LINKS

<https://youtu.be/N1KZbMprW8U>

<https://youtu.be/sYp8lw-o234>

A mix of several African songs:

<https://youtu.be/Fi-zd2k8wgQ>

