

# 37

## CATEGORY

rhythmic  
instrumental

## AGE

8+

## NUMBER OF PARTICIPANTS

3-10

## DURATION

approx. 20 min.

## WORKING METHOD

group work

## MUSICAL ABILITIES OF THE TRAINERS

1 **2** 3 4 5 6

## EQUIPMENT AND INSTRUMENTS

- music player / app to play the song
- optional: any type of instrument

## COMPETENCES

- creativity
- attention
- collaboration
- cooperation
- social sensitivity

# Pantomim

*A game that inspires self-expression through music and the art of movement.*

## AIM

To help youth to learn how to express their feelings, how to improvise, how to enjoy music and forming this within a group that improves social skills and team work.

## DESCRIPTION

The participants stand randomly in the room. The facilitator provides instructions.

Facilitator or a participant plays a known melody, one or more players (pantomimes) react to it with movements: they play a story or any creative art project, visual self expression.

One who was chosen claps at a point in time and in this moment the game switches: facilitator/participant plays on the movements and story of the pantomime.

