

60

CATEGORYvocal
rhythmic**AGE**

10+

**NUMBER
OF PARTICIPANTS**

5-12

DURATION

approx. 30 min.

WORKING METHOD

group work

**MUSICAL ABILITIES
OF THE TRAINERS**

1 2 3 4 5 6

COMPETENCES

- collaboration
- creativity
- attention
- concentration
- rhythm recognition
- sense of rhythm

Feel Your Summary

Day or session closing method, a nice way for the team to sum up and close the time spent together with learning together.

AIM

After a day or session, working and learning together, closing is important. In a safe environment after everybody has the opportunity to enjoy and create music with the group. To experience the flow. It helps to calm down and helps the group dynamics. The exercise improves sense of rhythm and ability to work and play music in a group.

DESCRIPTION

Everybody stands in the circle or randomly in the room or outside. Aim is to have a free and safe environment.

The facilitator explains the task.

At the end of the day everybody joins with their own chosen favourite sound (e.g. beatbox, singing, claps) to sum up the day.

One chosen person has to start the beat and the rest of the participants join one by one and the team creates a random music together.

COMMENTS FOR FACILITATORS

The exercise can be used only with vocal songs as well.

